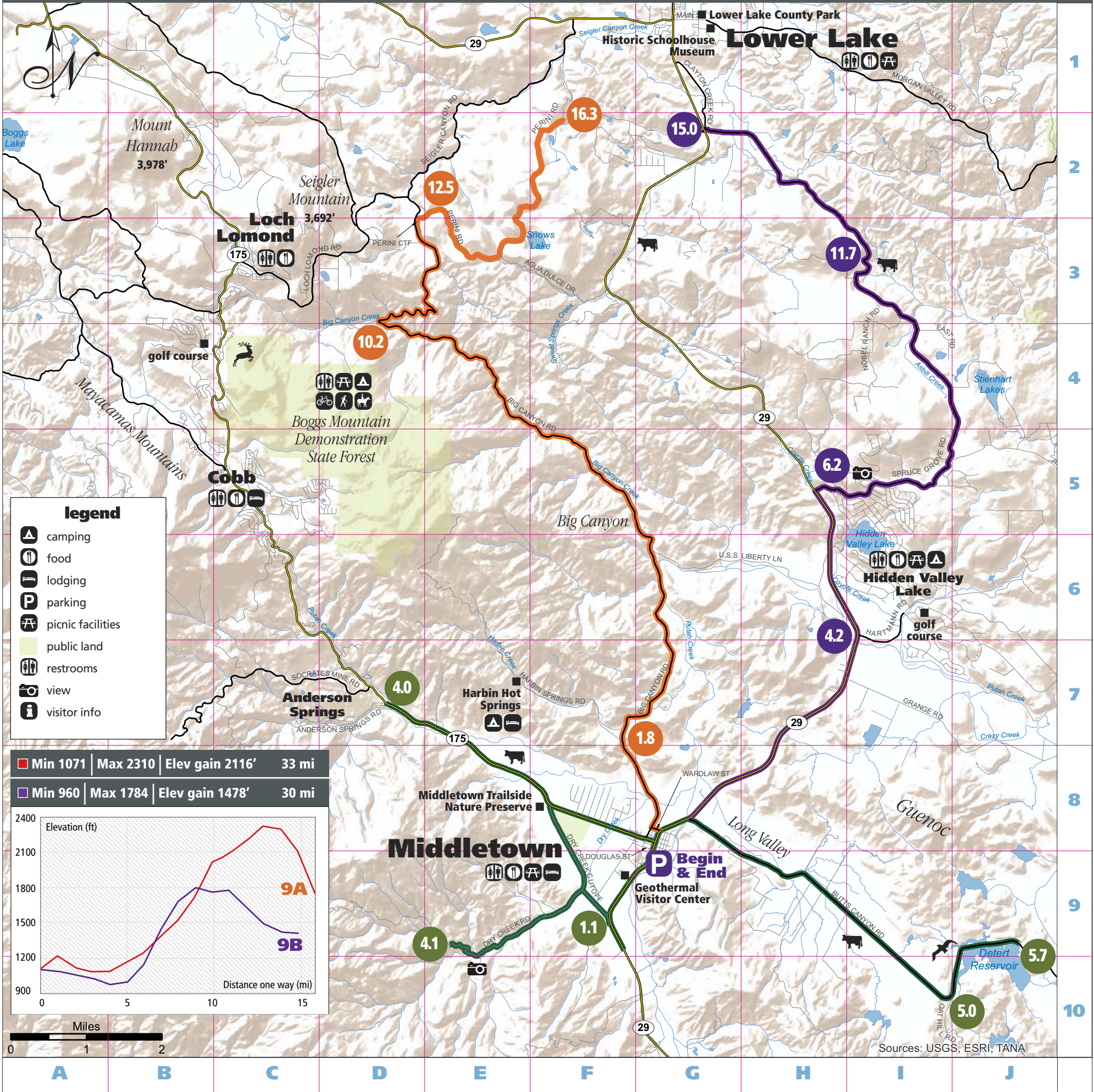


Lake County Bike Route 9: Big Canyon-Middletown



Big Canyon-Middletown | Ride: easy–difficult | Allow 1–4 hours

Route 9A Big Canyon/Perini | 33 miles out-and-back

- 0.0** **START** at Middletown Square Park/Douglas St. Turn **RIGHT** on Calistoga Rd/Hwy 29.
- 0.2** Turn **LEFT** at the second traffic light at Wardlaw St, then **turn RIGHT** to Big Canyon Rd.
- 1.8** Take **RIGHT** fork at intersection of Harbin (Harbin Hot Springs shown, below) and Big Canyon Rd. Dirt road begins.
- 5.7** Dirt road ends, but paved road is rough all the way to the summit.
- 10.2** Pass Ettawa Springs Rd on left, cross Big Canyon Creek. Hard climb begins.
- 12.5** Bear **RIGHT** to Perini Cutoff, and **turn RIGHT** again to Perini Rd.
- 16.3** Arrive at last (4th) cattle guard just before Perini Rd descends to Seigler Canyon Rd, and return to Middletown.



Route 9B Spruce Grove Road | 30 miles out-and-back

- 0.0** **START** at Middletown Square Park/Douglas St. Turn **RIGHT** on Calistoga Rd/Hwy 29 and stay on the road toward Lower Lake.
- 4.2** Continue **STRAIGHT** at Hartmann Rd stop sign. (The Hidden Valley Lake shopping center, about a half mile down on Hartmann Rd, is an optional starting point)
- 6.2** Turn **RIGHT** heading uphill on Spruce Grove Rd. Great views of Hidden Valley Lake and Mount St Helena at **9.0m**.
- 9.5** Pass scenic wide meadow on the left. This area has several vernal pools on private lands.
- 11.7** Pass tasting room with picnicking opportunities on right.
- 15.0** Arrive at intersection of Hwy 29 and Spruce Grove Rd.

Alternate Out-and-Back Routes

Dry Creek Rd | 8 miles out-and-back | 874 ft elevation gain

From Middletown Square Park/Douglas St, turn **LEFT** on Calistoga Rd/Hwy 29, passing the Calpine Geothermal Center on the right. Turn **RIGHT** on Dry Creek Cutoff at **1.1m**, and then turn **LEFT** on Dry Creek Rd at **1.7m**. Ride along the creek to the right, passing several ranches till the asphalt road ends at **2.2m**. Pass a narrow one-lane bridge over

Dry Creek and begin ascending steadily at **2.8m**. Arrive at a white gate stating “Right to Pass By Permission” at **4.1m**. Turn back and enjoy the views of the Mayacamas on the descent back to Middletown.

Hwy 175 to Anderson Springs | 8 miles out-and-back

From Middletown Square Park/Douglas St, turn **RIGHT** on Calistoga Rd/Hwy 29. At **0.3m**, turn **LEFT** to Hwy 175. This stretch is mostly level, but take caution at segments with narrow shoulders. Arrive at Anderson Springs entrance to the left at **4.0m**, turn back towards Middletown, or explore these narrow, hilly, wooded roads (be cautious around blind corners) at your leisure.

OPTION: On the return trip, turn right at **6.7m** following signs to Middletown Trailside County Park, a popular spot for birders. Explore open air art exhibits and 3 miles of mostly-level trails.

Butts Canyon/Guenoc Valley | 11 miles out-and-back

From Middletown Square Park/Douglas St, turn **RIGHT** on Calistoga Rd/Hwy 29. After the second light, turn **RIGHT** at **0.6m** to Butts Canyon Rd towards Angwin (Napa). Ride along this mostly level, picturesque valley, passing small ranches along the way. At **5.0m**, continue on the road as it bends sharply to the left.

OPTION: Take Oat Hill Rd (not to be confused with Oat Hill Mine Rd) on the right and climb steadily for about 2.8 miles till the road ends just before the Napa border.

Arrive at Detert Reservoir at **5.7m** and the Guenoc Rd entrance to Langtry Estate where you can enjoy a picnic lunch. This is a fabulous birding area.

Cycling Safety Tips

protect yourself

Wear a properly-fitted helmet. By law, bicycle riders under 18 years of age must wear a bicycle helmet while riding on a public road.

ride with traffic, learn & follow the rules of the road

Bicycle riders on public roads have the same rights and responsibilities as motorists, and must obey the same rules and regulations. Yield to all pedestrians and horse riders, and take caution when passing horse trailers.

be conspicuous, alert & communicate your intentions

Ride carefully—vehicles waiting at stop signs, in driveways, or parking spaces may suddenly pull out in front of you. Be prepared to stop or take evasive action.

maintain control of your bicycle

Ensure your bicycle is in good working order by inspecting it regularly. Check your bike for tire pressure, chain, and brakes (close quick release wheel levers). Carry repair and emergency supplies.

More info: CA DMV Safety Tips for Bicyclists
www.dmv.ca.gov/pubs/brochures/fast_facts/ffdl37.htm

bike shops

Main St. Bicycles

125 N Main St, Lakeport. 263-3344

Cycle Path Bike Shop

14106 Olympic Dr, Clearlake. 994-1200



disclaimer

This map is intended to aid bicyclists in choosing routes between locations; it is not a warranty or guarantee as to State and/or County roadway conditions or the fitness of listed routes for bicycling. The routes identified on this map may cross or run along public roads which are exposed to wear and tear and degradation due to weather, traffic, and other environmental concerns. Riders should remain alert, as routes may contain a variety of hazards, debris, or vegetation which may encroach on routes or portions thereof, and for areas of visual impairment and other irregularities that may impact rider and motorist ability to see each other or potential road hazards. The chance that one may come into an area of visual impairment or a route irregularity warrants special care on the part of route users.

Lake County and its contributors do not assume any liability for bicyclists traveling upon routes shown in this map. Safe route selection includes consideration of motor vehicle, bicycle, and pedestrian traffic and roadway or route conditions.

Please email your feedback to info@konocitrails.com

Big Canyon-Middletown

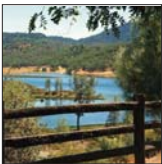
Route Overview

Middletown, an historic stage stop midway between Calistoga and Lower Lake, is an excellent base from which to launch out-and-back bike tours that range from easy to difficult. The easier routes travel along sprawling vineyards and cattle ranches with the backdrop of Mount Saint Helena or Cobb Mountain. The more difficult routes involve negotiating steep hills that bring riders to mountain meadows dotted with oaks and pines.

From Middletown Square Park (at the Library/Senior Center), riders can head northwest on Highway 175 toward Cobb, which is mostly level till the entry to Anderson Springs. On the way back, cyclists can turn right on Dry Creek Cut-off, following signs to Middletown Trailside Nature Preserve, a popular county park for birdwatching and jogging. After crossing Dry Creek (may be impassable after winter rains) riders come up to a fork. Bearing right, they can continue to explore Dry Creek Road for another 3 miles (unpaved after 1 mile) up to a steep, winding stretch with lovely views to the south of the Mayacamas Mountains.

Birders and wildlife enthusiasts will enjoy the mostly level, 10-mile out-and-back ride toward Detert Reservoir in Guenoc Valley. The gorgeous Langtry Estate, once owned by Victorian actress Lillie Langtry, also offers picnicking opportunities for visitors.

Two northern routes toward the town of Lower Lake highlight the South County’s rugged terrain. A hybrid or mountain bike is recommended for Big Canyon Road with a grueling, but rewarding 1,000-foot climb past Ettawa and Howard Springs, which continues on Perini Road (magnificent views of vineyards and the Cache Creek watershed). Returning to Middletown, riders pass the road to Harbin Hot Springs, a great place to rejuvenate after a tough ride. The other route to Lower Lake takes cyclists past the community of Hidden Valley Lake (optional start at Hartmann Road), and up the hilly, rural backroad of Spruce Grove which winds along orchards, vineyards, and ranches.



The Konocti Challenge
(707) 349-0815 | www.konocitchallenge.com

The Konocti Challenge is a one-of-a-kind cycling experience and adventure for cyclists of all ages and ability levels!

Originally organized as “Pedal the Puddle” in 1990, the popular annual event is held the first Saturday of October. There are 4 routes to choose from, ranging from 20 to 100 mile loops, all including extensive SAG support, an end-of-ride BBQ on the lake shore, and entertaining rest stop antics by local non-profit organizations. Participants can ride through vineyards and pear orchards, face a challenging 5,000 foot elevation climb, or have a relaxing family fun ride along the shores of Clear Lake.

All proceeds benefit the local and international projects of the Rotary Club of Lakeport. For details & registration, visit the website.

Konocti Regional Trails

The Konocti Regional Trails System (KRT) is a network of trails and community pathways on and around Clear Lake which: 1) highlights the region’s outstanding scenic beauty, diverse wildlife, natural landscapes, and cultural history; 2) enhances the visitor experience by providing an opportunity for recreation and appreciation of these unique assets; and 3) promotes community health and economic vitality throughout the region.

Named for Lake County’s iconic Mt. Konocti, KRT is a series of non-motorized trails designed to establish connections between major recreational destinations and communities. Outdoor enthusiasts of all ages and interests will find opportunities for hiking, biking, horseback riding, backpacking and paddling.

For more information, visit
KonocitTrails.com

Photos: Harbin Hot Springs, Lakeport Rotary Club/Konocti Challenge, Gigi Stahl.
Maps: Lon Sharp, County of Lake Information Technology Department; Laura Lamar

2014 | Lake County Marketing Program

Places of Interest

parks and open space

- **Anderson Marsh State Historic Park**, 1,300 acres. Anderson Ranch Parkway and Highway 53, Lower Lake. Historic ranch house and barn, birdwatching, interpretive and hiking trails. 995-2658. North of **G-1**
- **Boggs Mountain Demonstration State Forest**, 3,493 acres. Highway 175 just north of Cobb. Mixed conifer, pine and fir forest provides welcome refuge in the summer. Interpretive trail, camping, picnicking, hiking, cycling & equestrian trails with horse camp. boggsmountain.org. 928-4378. **C-4**
- **Russell Rustici (Lower Lake) County Park**, 16375 Second Street, Lower Lake, 95457. Restrooms, BBQ, clubhouse, covered picnic area, gazebo, playground. 263-2295. **G-1**
- **Middletown Trailside Nature Preserve**, 107 acres. 21435 Dry Creek Cutoff, off Highway 175, Middletown, 95461. Hiking, biking, equestrian trails, picnic area, restrooms, dogs on leash, seasonal sculpture walk, bird watching. 262-1618. **F-8**

local activities

- **Calpine Geothermal Visitor Center**, 5500 Central Park Road, Middletown, 95461. Interactive displays explaining geothermal energy; guided tours of geothermal power plant; picnic area & visitor info. geysers.com/visit.aspx. 987-4270. **F-9**
- **Harbin Hot Springs**, 18424 Harbin Springs Road, Middletown, 95461. Natural springs enjoyed in hot soaking and warm swimming pools, energy work, spa treatments, yoga and qigong classes, dances, concerts, spiritual gatherings, workshops, and more. Variety of lodging options available. Harbin has daily programs viewable through the calendar at harbin.org. 987-2477. **E-7**
- **Lower Lake Historic Schoolhouse Museum**, 16435 Main Street, Lower Lake, 95457. Interesting collection of local pioneer and Native American artifacts; rock and mineral display. 995-3565. **G-1**

Lake County holds numerous outdoor, food & wine, art, music and cultural events throughout the year. Visit the calendar on the Lake County website at lakecounty.com

note

All phone numbers area code (707) unless otherwise listed.

NOTE: Because the loop follows many roads along vineyards and orchards, riders should be aware that crop spraying is done periodically.

Lake County Bike Route

9

KRT
Konocti Regional Trails

Big Canyon-Middletown

Up to 33 miles | Elevation gain: up to 2250 ft
Route begins: Middletown

- **Gateway to Lake County**
- **Hot springs resort**
- **Vineyards and ranches**
- **Secluded oak woodlands**

Lake County Visitor Information Center
875 Lakeport Blvd., Lakeport, CA 95453
(707) 263-5092 | (800) 525-3743
lakecounty.com | info@lakecounty.com

The KRT Bike Routes

The Konocti Regional Trails Bike Routes are a series of diverse cycling experiences ranging in activity level from short, moderate trips to rugged, long-range climbs. Each of the routes takes cyclists through some of Lake County’s most scenic vistas—from outstanding lake views and mountainous backdrops to rural farmlands and shaded forests.

- 1: Konocti Challenge | 102 miles**
- 2: Around the Lake | 66 miles**
- 3: Konocti 40 | 40 miles**
- 4: Scotts Valley | 32 miles**
- 5: Kelseyville-Big Valley | 14 & 26 miles**
- 6: Bottle Rock-Soda Bay | 38 miles**
- 7: Red Hills-Lakeview | 25 miles**
- 8: Cobb: Mountain Bike | 15 miles**
- 9: Big Canyon-Middletown | 8-33 miles**
- 10: Guenoc-Berryessa | 69-81 miles**
- 11: Clearlake-Lower Lake | 29 miles**

konocti regional trails lake county bike routes

To Ukiah & Hwy 101

Blue Lakes Upper Lake

Nice Lucerne

Lakeport Clearlake Oaks

Kelseyville Clearlake

Cobb Lower Lake

To Sacramento & I-5

To Napa & Hwy 29

9

Middletown

KonocitTrails.com