

Scotts Valley | Ride: moderate | Allow 3 – 4 hours

Route 4 | 32 miles

- **0.0 START at Library Park**, 3rd St parking area. **Turn RIGHT on N Main St**.
- **0.5** Turn LEFT on Clearlake Ave. Make the second RIGHT on High St which curves sharply to the right at **0.9m** and becomes Lakeshore Blvd.
- **1.1** Lakeshore Blvd bends sharply to left and provides bike lane with scenic views of Clear Lake and Mount Konocti.
- **5.8** Turn RIGHT at the Nice-Lucerne cutoff. Narrow section of road; proceed cautiously.
- **6.9** Pass Rodman Slough County Park on right. Popular fishing area. Portapotty available. Great views of Hogback Ridge and southern border of the Mendocino National Forest. Parking for Water Trail #7.
- **8.2** At roundabout, make LEFT heading NW on Hwy 20. Pass Robinson Rancheria & Casino on right at **9.3m**. Pass Bloody Island historical landmark on left at **9.9m**.
- **11.1** Pass Running Creek Casino on left, followed by Upper Lake County Park on left at **11.4m** picnic area, restrooms, water.
- **11.6** Pass Main St intersection of Upper Lake on right with shops, restaurants, and lodgings.

OPTION: For an additional 16-mile out-and-back that will bring you to the Middle Creek Campground in the Mendocino National Forest, turn RIGHT on Main St and follow it to the end where it merges to the right with Mendenhall Ave. Mendenhall curves sharply to the right and becomes Elk Mountain Rd, which then bends to the left, passing the MNF Upper Lake Ranger Station on the left. You can continue another 7 miles till you get to the campground (potable water and vault toilets) or stop at the station to get info and brochures of the area.

- **12.1** Hwy 20 intersects with Hwy 29 on left. Gas station, restrooms, fast food, information kiosk on NE corner.
- **13.5 Turn RIGHT on Bachelor Valley Rd.** At **14.2m**, scenic views of Bachelor Valley farms and walnut orchards on lightly traveled road.
- **15.8** Turn LEFT on Witter Springs Rd. Cross narrow bridge at **16.1m**. Road sharply curves to the left at **16.5m**.
- **17.0** Road curves right. Remain on Witter Springs Rd.
- **18.3 Turn RIGHT onto Hwy 20.** Caution as vehicles move at highway speeds.
- **20.2** Just after road bends to right, turn **LEFT at yellow sign for Scotts Valley Rd**. Pass intersection of Laurel Dell on right (not advisable for cyclists). Continue on Scotts Valley which, at this segment, provides shade in canyon-like setting.

OPTION: Continue on Hwy 20 for another mile until you see the signs for the Lodge at Blue Lakes on the left where the "Upper Blue Lake" segment begins. The upper lake is a serene, clear, no-wake lake with excellent swimming, paddling, fishing, and rope swings (use at own risk). Small resorts offer day use and launch fees (roadside access is not recommended due to highway speeds). Boat rentals available at resorts along Blue Lakes. Parking for Water Trail #8.

- **21.6** Pass campground on left with restrooms, store, swimming, picnicking at a modest day use fee. This segment of Scotts Valley abounds with wildlife and begins to open up to farmland with beautiful vistas of hills, creek, and working farms. The road is narrow but lightly traveled.
- **22.9** On left, pass Glen Eden Trail parking with restroom but no water (trail will be on right). Multiuse trails lead to North Cow Mountain area (managed by Bureau of Land Management); mountain bikers must walk their bikes on the first 2-mile trail segment on private easement.
- **25.9** Pass Hendricks Rd on right, a winding alternate route that reconnects with Scotts Valley Rd.
- **28.9** Pass Hendricks Rd again. Scotts Valley Rd curves right at **29.7m**, then left at **30.4m**, passing Riggs Rd. Great views of Mount Konocti.
- **30.9** Continue straight under Hwy 29 where Scotts Valley Rd becomes 11th St. Pass busy shopping center on right at **31.3m**.
- 31.8 Turn RIGHT on N Main St.
- **32.2** Turn LEFT on 3rd St, returning to parking area.

Cycling Safety Tips

protect yourself

Wear a properly-fitted helmet. By law, bicycle riders under 18 years of age must wear a bicycle helmet while riding on a public road.

ride with traffic, learn & follow the rules of the road

Bicycle riders on public roads have the same rights and responsibilities as motorists, and must obey the same rules and regulations. Yield to all pedestrians and horse riders, and take caution when passing horse trailers.

be conspicuous, alert & communicate your intentions

Ride carefully—vehicles waiting at stop signs, in driveways, or parking spaces may suddenly pull out in front of you. Be prepared to stop or take evasive action.

maintain control of your bicycle

Ensure your bicycle is in good working order by inspecting it regularly. Check your bike for tire pressure, chain, and brakes (close quick release wheel levers). Carry repair and emergency supplies.

More info: CA DMV Safety Tips for Bicyclists

www.dmv.ca.gov/pubs/brochures/fast_facts/ffdl37.htm

bike shops

Main St. Bicycles 125 N Main St, Lakeport. 263-3344



14106 Olympic Dr, Clearlake. 994-1200



disclaime

This map is intended to aid bicyclists in choosing routes between locations; it is not a warranty or guarantee as to State and/or County roadway conditions or the fitness of listed routes for bicycling. The routes identified on this map may cross or run along public roads which are exposed to wear and tear and degradation due to weather, traffic, and other environmental concerns. Riders should remain alert, as routes may contain a variety of hazards, debris, or vegetation which may encroach on routes or portions thereof, and for areas of visual impairment and other irregularities that may impact rider and motorist ability to see each other or potential road hazards. The chance that one may come into an area of visual impairment or a route irregularity warrants special care on the part of route users.

Lake County and its contributors do not assume any liability for bicyclists traveling upon routes shown in this map. Safe route selection includes consideration of motor vehicle, bicycle, and pedestrian traffic and roadway or route conditions.

Please email your feedback to info@konoctitrails.com

The Konocti Challenge (707) 349-0815 | www.konoctichallenge.com

The Konocti Challenge is a one-of-a-kind cycling experience and adventure for cyclists of all ages and ability levels!

Originally organized as "Pedal the Puddle" in 1990, the popular annual event is held the first Saturday of October. There are 4 routes to choose from, ranging from 20 to 100 mile loops, all including extensive SAG support, an end-of-ride BBQ on the lake shore, and entertaining rest stop antics by local non-profit organizations. Participants can ride through vineyards and pear orchards, face a challenging 5,000 foot elevation climb, or have a relaxing family fun ride along the shores of Clear Lake.

All proceeds benefit the local and international projects of the Rotary Club of Lakeport. For details & registration, visit the website.



The Konocti Regional Trails System (KRT) is a network of trails and community pathways on and around Clear Lake which: 1) highlights the region's outstanding scenic beauty, diverse wildlife, natural landscapes, and cultural history; 2) enhances the visitor experience by providing an opportunity for recreation and appreciation of these unique assets; and 3) promotes community health and economic vitality throughout the region.

Named for Lake County's iconic Mt. Konocti, KRT is a series of non-motorized trails designed to establish connections between major recreational destinations and communties. Outdoor enthusiasts of all ages and interests will find opportunities for hiking, biking, horseback riding, backpacking and paddling.

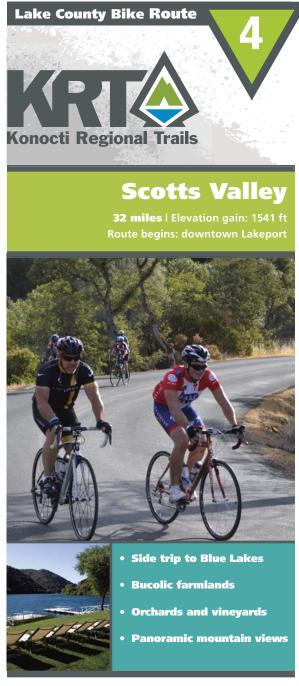
For more information, visit

KonoctiTrails.com



Photos: Laura Lamar, Lyle Madeson, Lakeport Rotary Club/Konocti Challenge. Maps: Lon Sharp, County of Lake Information Technology Department; Laura Lama

2014 | Lake County Marketing Program



Lake County Visitor Information Center

875 Lakeport Blvd., Lakeport, CA 95453 (707) 263-5092 | (800) 525-3743 lakecounty.com | info@lakecounty.com

Scotts Valley

Route Overview



A leisurely 32-mile loop taking riders from the city of Lakeport along the northwest shore of Clear Lake, cycling west on Highway 20 before swinging back through the bucolic agricultural

countryside of Scotts Valley.

Cyclists begin and end the ride at Library Park in Lakeport, a beautiful setting on Clear Lake's west shore with Mount Konocti as a backdrop. Setting off, riders travel along the north shoreline, passing through Rodman Slough—a series of waterway wetlands and a birdwatching mecca. Heading west on Highway 20, cyclists pass Indian Rancherias and casinos by the small town of Upper Lake. The route turns north toward Bachelor Valley, home to serene farmlands and walnut groves.

Crossing Highway 20, one enters Scotts Valley, cycling past Blue Lakes to the west. For the next 10 miles, Scotts Valley Road winds past working farms through some of Lake County's most abundant and scenic agricultural lands with magnificent views of Mount Konocti. Pear orchards predominate, and wildlife abounds.

optional side trips



The quaint historical town of Upper Lake is located 12 miles into the bike loop. Home to some of the first settlers in the 1840s, the town became a popular stagecoach stop along the Sacramento to Mendocino

route. Upper Lake is also the gateway to the Mendocino National Forest and Snow Mountain wilderness area.

At the 20-mile mark, riders can cycle another mile northwest to cool off in the clear waters of spring-fed Upper Blue Lake, nestled in the wooded mountains along Highway 20. Visitors will still find



remnants of times-gone-by at the local resorts that provide lake access with a modest day-use fee. This is a great spot for swimming, fishing, paddling and chilling out on one of the local rope swings (use at own risk).

Places of Interest

parks and open space

- **Library Park**, 1st and 3rd St on Clear Lake, Lakeport. Picnic/BBQs, playground, beach, boat launch ramps, yacht club. Free summer concert series. 263-5615. **G-10**
- Rodman Slough Nature Preserve, open for birdwatching & hiking trails at various times throughout the year. 262-0707. lakecountylandtrust.org. H-5
- Rodman Slough County Park. Popular Clear Lake fishing, birdwatching and kayaking spot. Portapotty, kayak launch. 262-
- **Upper Lake County Park**, 575 E Hwy 20, Upper Lake, 95485. Picnic area, playground, ballfield, tennis court. 262-1618. **H-3**
- Mendocino National Forest, Upper Lake Ranger District Station. 10025 Elk Mountain Rd, Upper Lake, 95485. Entranceway to 913,000 acres of backcountry trails for hiking, riding (OHV and non-motorized), and water recreation. 275-2361. H-2
- North Cow Mountain Recreation Area via Glen Eden Trail, Scotts Valley Rd, Lakeport. 27,000 acres. Hiking, equestrian, and mountain biking trails (cyclists must walk their bikes on first 2-mile section) with picnic area; views of Clear Lake and Mount Konocti at higher elevations. 468-4000. C-5

local activities

- Blue Lakes Water Trail 8—An easy, family-favorite 3-mile water trail launching from the Lodge at Blue Lakes and other nearby resorts (day use fees), offering fishing and swimming in clear, deep spring-fed waters. C-2
- Rodman Slough Water Trail 7—An 8-mile water trail launching from Rodman Slough County Park, featuring Great Blue Heron rookeries, a wildlife migratory route on a nature preserve. H-5
- Farm Trails, Vineyards, Wineries and more—Lake County holds numerous outdoors, food & wine, art, music, and cultural events all throughout the year. View the calendar on lakecounty.com

For more maps, information and descriptions on outdoor activities such as hiking, biking, paddling and horseback riding, visit the KRT Website at **konoctitrails.com** and **lakecounty.com**

note

All phone numbers area code (707) unless otherwise listed.

NOTE: Because the loop follows many roads along vineyards and orchards, riders should be aware that crop spraying is done periodically.

The KRT Bike Routes

The Konocti Regional Trails Bike Routes are a series of diverse cycling experiences ranging in activity level from short, moderate trips to rugged, long-range climbs. Each of the routes takes cyclists through some of Lake County's most scenic vistas—from outstanding lake views and mountainous backdrops to rural farmlands and shaded forests.

1: Konocti Challenge | 102 miles 2: Around the Lake | 66 miles

> 3: Konocti 40 | 40 miles 4: Scotts Valley | 32 miles

5: Kelseyville-Big Valley | 14 & 26 miles

6: Bottle Rock-Soda Bay | 38 miles 7: Red Hills-Lakeview | 25 miles

8: Cobb: Mountain Bike | 15 miles

9: Big Canyon-Middletown | 8-33 miles

10: Guenoc-Berryessa | 69-81 miles 11: Clearlake-Lower Lake | 29 miles

konocti regional trails lake county bike routes

To Ukiah Blue Upper Lake
Lucerne
Lakeport

Clearlake
Oaks

To Sale
& I-5

